



**Vitanex** (For men)  
High Performance Multivitamin

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## High Performance Multivitamin



Throughout a man's life, different changes occur in the nutrient absorption process, which can alter his metabolism. VITANEX is designed for men who aim to meet their vitamin and mineral needs.

Biotin (B8), Niacin (B3) and the entire B complex, plus vitamins C, D and E are the most relevant for the male population. Men can see their energy levels, vitality, immunity and even their hair reduced if they lack some of these vitamins and minerals.

#### • PALM LEAF

Strengthens the immune system, keeping the body strong and healthy against external adversities. It also protects the heart and prevents heart diseases.

#### • COQ10

It is one of the most important antioxidants that helps protect cells and structures in the body. It usually concentrates on some of the organs that work the most intensely: heart, liver, kidneys and pancreas.

#### • BIOTIN (B8)

Promotes scalp regeneration, preventing hair loss. Helps convert carbohydrates, fats and proteins into energy

#### • ZINC

Prevents testosterone deficiency, improves sleep quality. It also contributes to intestinal health, as it helps maintain the integrity of the intestinal lining.

#### • SELENIUM

Due to its high antioxidant level, it helps prevent diseases such as cancer and strengthen the immune system. Likewise, it protects heart health.

#### • COMPLEX B (B1, B2, B3, B5, B6, B12)

B complex is vital for growth, healthy organ function (including the brain and heart), skin, nerves, and digestion. Helps the body produce new red blood cells.

#### • CHROMIUM AND POTASSIUM

These two minerals are of utmost importance at any stage of our life. Chromium produces improvements in glucose metabolism, which can lower blood glucose and help overweight and diabetic patients. Potassium helps with proper kidney and heart function, muscle contraction and nerve transmission.

*Among its benefits are the reduction of fatigue, tiredness, the normal maintenance of the immune system and muscle function. Helps improve intellectual performance and bone maintenance.*