



Vitanex (For women)
High Performance Multivitamin

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Throughout the different stages of a woman's life there is a vitamin deficiency due to different causes such as: inadequate diet, lack of sleep, stress, anxiety and even hormonal changes.

VITANEX is one of the most complete multivitamins on the market and is adapted to the nutritional needs of women. Complement your daily diet with vitamins and minerals.

• COQ10

It is a nutrient that acts as a powerful antioxidant, helps treat heart failure, improves performance and protects the brain.

• EVENING PRIMROSE OIL

It helps regulate the menstrual cycle, relieves menstrual pain and, during menopause, softens hot flashes, combats vaginal dryness, and provides hydration and elasticity to very dry skin.

• HORSETAILE EXTRACT

It promotes the elimination of toxins from the liver and kidney, since it has diuretic properties. This also makes it a great ally to prevent and reduce fluid retention. It also promotes scalp regeneration, preventing hair loss.

• FOLIC ACID

Folic acid works in conjunction with vitamins B12 and vitamin C, helping to break down, absorb and use proteins in the body. Significantly reduces the risk of a baby having incomplete development defects of the brain and spinal cord.

• BIOTIN

It collaborates with the work of metabolizing, accelerating the process that converts carbohydrates, fats and proteins into energy. It helps the body to use food optimally, taking full advantage of it, causing a unique result.

• IRON

It prevents anemia that is common in women of childbearing age, is favorable for attention deficit hyperactivity disorder and helps increase functions such as reasoning ability, learning or memory.

• COMPLEX B (B1, B2, B3, B5, B6, B12)

They are vital for the healthy growth and function of organs, including the brain and heart. Maintains healthy skin, nerves and digestion.

With VITANEX you will have the necessary nutrients for correct structural function since as women, their metabolism tends to reserve more energy rather than expend it at certain times in life, especially during pregnancy and menopause. Therefore, it is necessary to adjust and supplement vitamin requirements.